

Responding to the cost of living crisis: a local food partnership perspective





Food Plymouth

Founded in 2010

Achieved Sustainable Food Places Bronze Award in 2015

Working to support Plymouth Food Aid Network since 2018

Became a FoodSHIFT2030 Fellow in 2022

Working towards Sustainable Food Places Silver and Gold Awards by 2024





**Food
Governance
and Strategy**



**Good Food
Movement**



**Healthy Food
for All**



**Sustainable
Food Economy**



**Catering and
Procurement**



**Food for the
Planet**



Worrying about money?

The 'Worrying About Money' Leaflet shows where to get help in Plymouth

Three steps to find options and places to get help

Worrying about money?

Support is available in Plymouth

Step 1: What's the problem?

I suddenly have no money

- Lost job or reduced hours
- Money stopped
- Lost money
- Unexpected expense
- Overdue (e.g. Rent or tax)
- Homelessness
- Financial crisis advice

See options ○○○○

My money doesn't stretch far enough

- Choosing between food, fuel, and mortgage
- Low income
- Zero hours contract
- Statutory Sick Pay too low
- Paying rent
- Not sure if eligible for support
- Change of circumstances

See options ○

I have debt

- Rent or Council Tax
- Gas and electricity
- Playday loans
- One Month or Family
- Small repayments

See options ○

I am waiting on a benefit payment or advance

- How late to benefit
- Payment delayed
- Waiting for decision

See options ○○○

Step 2: What are some options?

1 Council Support Schemes

People on low incomes may be able to access housing by discretionary housing payment from the council. This may be used to help pay up to 10% of your rent or to help pay for council tax. For more information, visit www.plymouth.gov.uk/housing

2 Maximise Your Income

Anyone who is struggling financially can get a benefit check and confidential advice. A benefit check can ensure the money you're entitled to, especially if your circumstances in an address could also help you find cheaper deals on the market and prices not appearing on the High Street website.

3 Debt Advice

Debt can happen to anyone. Free advice and support can help you understand how much you can pay each month.

Step 3: Where can I get help?

Financial Advice Plymouth	Debt Advice Plymouth	Financial Advice Plymouth	Financial Advice Plymouth
Provides advice on benefits, debt, housing and more. 01752 222 7777 (after 5pm) 01752 222 7777 (after 5pm) www.financialadviceplymouth.org.uk	Debt advice charity offering benefits and debt advice. 01752 222 7777 www.moneyexpertsplymouth.org.uk	Debt advice charity offering benefits and debt advice. 01752 222 7777 www.moneyexpertsplymouth.org.uk	Debt advice charity offering benefits and debt advice. 01752 222 7777 www.moneyexpertsplymouth.org.uk

Taking a *Cash* First approach

Welcome To Our Community Food Access Map

Any one of us can experience a crisis resulting in the need for food support at any time. The map below offers access to multiple charities, community groups and organisations who are able to provide food support across Plymouth, and the surrounding areas. Use the 'Filters' option to find a specific group or enter the first part of your postcode to see what is available nearby.

Searching the map is 'aDoddle'

Click on any of the points on the map & it will show the name and basic information about the organisation. To find out more click the project title.

COOPERATION TOWN



Increasing community resilience



The Plymouth Charter

Committed to a fairer,
greener future for Plymouth

Strengthening local food enterprises



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Plymouth

SUSTAINABLE
FOOD places
in



**FOOD PLYMOUTH
COMMUNITY OF DRAGONS EVENT
6-8PM FRIDAY 25TH NOVEMBER
@ THE COMMUNITY CLIMATE CENTRE**

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#BestFoodForward

Growing a Good Food Movement in Plymouth

Listening and connecting



Keen to learn more?



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